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FORMV

Patient ID _____ - _____ - _____ ^{ID}

AIMDAT

Form Completion Date __/__/20__
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VISIT Visit: _____

Directions: The following questions refer to emotional reactions to typical life-events. Please indicate how YOU react to these events by circling a response to the right of each item. Please base your answers on how YOU react, *not* on how you think others react or how you think a person should react.

	Never	Almost never	Occasion-ally	Usually	Almost always	Always
1) When I accomplish something difficult I feel delighted or elated.	DELIGHT 1	2	3	4	5	6
2) When I feel happy it is a strong type of exuberance.	EXUBER 1	2	3	4	5	6
3) I enjoy being with other people very much.	OTHRPEEP	2	3	4	5	6
4) I feel pretty bad when I tell a lie.	TELLIE	2	3	4	5	6
5) When I solve a small personal problem, I feel euphoric.	EUPHORIC 1	2	3	4	5	6
6) My emotions tend to be more intense than those of most people.	EMOINT 1	2	3	4	5	6
7) My happy moods are so strong that I feel like I'm "in heaven."	HEAVEN 1	2	3	4	5	6
8) I get overly enthusiastic.	OVRENTH	2	3	4	5	6
9) If I complete a task I thought was impossible, I am ecstatic.	TASKECST 1	2	3	4	5	6
10) My heart races at the anticipation of some exciting event.	HEARTRAC 1	2	3	4	5	6
11) Sad movies deeply touch me.	SADMOVI	2	3	4	5	6
12) When I'm happy it's a feeling of being untroubled and content rather than being zestful and aroused.	HAPYCONT 1	2	3	4	5	6
13) When I talk in front of a group for the first time, my voice gets shaky and my heart races.	VOICESHK 1	2	3	4	5	6

	Never	Almost Never	Occasion- ally	Usually	Almost Always	Always
14) When something good happens, I am usually much more jubilant than others.	JUBILANT 1	2	3	4	5	6
15) My friends might say I'm emotional.	FRNDEMO	2	3	4	5	6
16) The memories I like the most are those of times when I felt content and peaceful rather than zestful and enthusiastic.	MEMORIES 1	2	3	4	5	6
17) The sight of someone who is hurt badly affects me strongly.	HURTBAD 1	2	3	4	5	6
18) When I'm feeling well it's easy for me to go from being in a good mood to being really joyful.	GOOD2JOY 1	2	3	4	5	6
19) "Calm and cool" could easily describe me.	CALMCOOL	2	3	4	5	6
20) When I'm happy I feel like I'm bursting with joy.	BURSTJOY	2	3	4	5	6
21) Seeing a picture of some violent car accident in a newspaper makes me feel sick to my stomach.	SICSTOM 1	2	3	4	5	6
22) When I'm happy I feel very energetic.	VERYENER	2	3	4	5	6
23) When I receive an award I become overjoyed.	OVÉRJOYD	2	3	4	5	6
24) When I succeed at something, my reaction is calm contentment.	CALMCONT 1	2	3	4	5	6
25) When I do something wrong I have strong feelings of shame and guilt.	SHAME 1	2	3	4	5	6
26) I can remain calm even on the most trying days.	REMCALM	2	3	4	5	6
27) When things are going well I feel "on top of the world."	ONTOP 1	2	3	4	5	6
28) When I get angry it's easy for me to still be rational and not overreact.	ANGRYRAT 1	2	3	4	5	6
29) When I know I have done something very well, I feel relaxed and content rather than excited and elated.	DONEWELL 1	2	3	4	5	6
30) When I do feel anxiety, it is normally very strong.	STRNGANX 1	2	3	4	5	6
31) My negative moods are mild in intensity.	NEGMOOD	2	3	4	5	6

	Never	Almost Never	Occasion- ally	Usually	Almost Always	Always
32) When I am excited over something, I want to share my feelings with everyone.	SHARFEEL 1	2	3	4	5	6
33) When I feel happiness, it is a quiet type of contentment.	QUIETCON 1	2	3	4	5	6
34) My friends would probably say I'm a tense or "high-strung" person.	HISTRUNG 1	2	3	4	5	6
35) When I'm happy, I bubble over with energy.	BUBBLE	2	3	4	5	6
36) When I feel guilty, this emotion is quite strong.	GUILTEMO	2	3	4	5	6
37) I would characterize my happy moods as closer to contentment than to joy.	CONTENT 1	2	3	4	5	6
38) When someone compliments me, I get so happy I could "burst."	COMPBRST 1	2	3	4	5	6
39) When I am nervous I get shaky all over.	NERVSHK	2	3	4	5	6
40) When I am happy the feeling is more like contentment and inner calm than one of exhilaration and excitement.	INRCALM 1	2	3	4	5	6